

**OZONE TREATMENT PROTOCOL FOR OPHTHALMOLOGICAL
DISEASES:
RETINITIS PIGMENTOSA, CATARACTS, GLAUCOMA, MACULAR
DEGENERATION**

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Nota Bene: The protocols are working guidelines that AEPROMO puts at the disposition of all its members, expecting that they will be references in the daily medical work whenever ozone therapy is used on patients.

It shall correspond to the health professional (physician, dentist, veterinarian, podiatrist in the areas for which their profession and current legislation allows it) to whom compete, with their studies, knowledge and experience to assume professionally how to apply ozone therapy to their patients. Although these protocols are referents and guidelines for its members AEPROMO invites them to base their daily practice on these protocols.

The protocols are based on the Madrid Declaration Ozone Therapy, ISCO3, 2nd. Ed., 2015, 50 pages.
<http://aepromo.org/en/madrid-declaration-on-ozone-therapy-2nd-edition/>

The content of the protocols and the items that they cover are subject of improvement based on the medical experience and scientific investigation. AEPROMO calls all its members to help to improve the protocols with their contributions, suggestions, experience and knowledge.

Rectal insufflation

Wek of Treatment	O3 Concentration ($\mu\text{g}/\text{NmL}$)	O3 Volume (Ml)	Doses (mg)
First	25	120	3.0
Second	30	150	4.5
Third	30	180	5.4
Fourth	30	200	6.0

It is indicated 15 sessions. Repeat each six months, in retinitis pigmentosa cases, in the rest of pathologies it could be repeated each 3-4 months.

It may be combined with other systemic routes.

Major Autohemotherapy (AHTMajor) in 100mL of blood

Week of Treatment	O3 Concentration (µg/NmL)	O3 Volume (mL)	Doses (mg)
First	20	100	2.0
Second	25	100	2.5
Third	35	100	3.5
Fourth	40	100	4.0
Fifth	40	150	6.0

To complete 10-15 sessions, during alternative days.

Minor Autohemotherapy (AHTMinor) in blood 5mL

Week of Treatment	O3 Concentration (µg/NmL)	O3 Volume (mL)	Doses (mg)
First	20	5	0.10
Second	20	5	0.10
Third	25	5	0.12
Fourth	30	5	0.15
Fifth	30	5	0.15

To complete 10-15 sessions, during alternative days.