

## OZONE TREATMENT PROTOCOL FOR CELLULITIS

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**Nota Bene:** The protocols are working guidelines that AEPROMO puts at the disposition of all members, expecting that they will be references in the daily medical work whenever ozone therapy is used on patients.

It shall correspond to the health professional (physician, dentist, veterinarian, podiatrist in the areas for which their profession and current legislation allows it) to whom compete, with their studies, knowledge and experience to assume professionally how to apply ozone therapy to their patients. Although these protocols are referents and guidelines for its members AEPROMO invites them to base their daily practice on these protocols.

The protocols are based on the Madrid Declaration Ozone Therapy, ISCO3, 2nd. ed., 2015, 50 pages.  
<http://aepromo.org/en/madrid-declaration-on-ozone-therapy-2nd-edition/>

The content of the protocols and the items that they cover are subject of improvement based on the medical experience and scientific investigation. AEPROMO calls all its members to help to improve the protocols with their contributions, suggestions, experience and knowledge.

**Technique:** mesotherapy, intradermal and subcutaneous infiltration. 2-3 mL per point at 5-10 cm of distance from one point to another.

**Needle:** 30 1/2"

**Frequency:** twice a week. 15 sessions

**Concentration:** 5-10-20 µg/NmL

**Volume:** Do not exceed 150-200 mL volume. Use cold pads to reduce the pain that ozone infiltration cause.

Immediately after the injection, make lymphatic drainage with ozonated oil at 400 IP (Oleosan) using ozone bells at 30 µg/NmL of concentration.