

OZONE TREATMENT PROTOCOL FOR AMIGDALITIS AND SINUSITIS Copyright © Aepromo, April 2016 All rights reserved

Nota Bene: The protocols are working guidelines that AEPROMO puts at the disposition of all its members, expecting that they will be references in the daily medical work whenever ozone therapy is used on patients.

It shall correspond to the health professional (physician, dentist, veterinarian, podiatrist in the areas for which their profession and current legislation allows it) to whom compete, with their studies, knowledge and experience to assume professionally how to apply ozone therapy to their patients. Although these protocols are referents and guidelines for its members AEPROMO invites them to base their diary practice on these protocols.

The protocols are based on the Madrid Declaration Ozone Therapy, ISCO3, 2nd. ed., 2015, 50 pages. http://aepromo.org/en/madrid-declaration-on-ozone-therapy-2nd-edition/

The content of the protocols and the items that they cover are subject of improvement based on the medical experience and scientific investigation. AEPROMO calls all its members to help to improve the protocols with their contributions, suggestions, experience and knowledge.

RECURRENT CHRONIC TONSILLITIS

Treatment schedule:

Intratonsilar injection: 3-5mL, $10-20\mu g/NmL 4$ applications on average one per week. Brush with ozonated oil at 600IP.

Therapeutic effects:

- Negativization crop
- Negativization antistreptolysin

CHRONIC SINUSITIS

Treatment schedule:

Otic O3: A cycle of 10 sessions [30 μ g/NmL] with prior humidification of the ear pavilion with distilled water.

Microdose in acupuncture points at 10-20 $\mu g/NmL,$ 1 mL x point. You can add MiAHT 1-2 / week.

Apnea Method of Dr. E. Fisch:

The patient should take a deep breath and remain in apnea for 30 to 60 seconds, while insufflated 5 to 10 mL of gas in both nostrils via silicone catheter at a downscale concentration starting at 20 μ g/NmL and reduced as the infectious process go down.

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Systemic rectal or major autohemotherapy

20 μg/mL, 100 mL of ozone. 25 μg/mL, 100 mL of ozone. 30 μg/mL, 100 mL of ozone. 35 μg/mL, 100 Ml of ozone.

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