

## GENERAL CONSIDERATIONS AT THE TIME OF APPLICATION OF OZONE TREATMENT PROTOCOLS

Copyright © Aepromo, April 2016  
All rights reserved

**Nota Bene:** The protocols are working guidelines that AEPROMO puts at the disposition of all its members, expecting that they will be references in the daily medical work whenever ozone therapy is used on patients.

It shall correspond to the health professional (physician, dentist, veterinarian, podiatrist in the areas for which their profession and current legislation allows it) to whom compete, with their studies, knowledge and experience to assume professionally how to apply ozone therapy to their patients. Although these protocols are referents and guidelines for its members AEPROMO invites them to base their daily practice on these protocols.

The protocols are based on the Madrid Declaration Ozone Therapy, ISCO3, 2nd. ed., 2015, 50 pages.  
<http://aepromo.org/en/madrid-declaration-on-ozone-therapy-2nd-edition/>

The content of the protocols and the items that they cover are subject of improvement based on the medical experience and scientific investigation. AEPROMO calls all its members to help to improve the protocols with their contributions, suggestions, experience and knowledge.

1. The calculation formula for dose adjustment is:  
**Dose = Concentration \* Volume**
2. The recommended concentration in major autohemotherapy (AHTmajor) fluctuates between 10 and 40 µg/NmL.
3. Use low doses in the concept of Dr. Bocci "start low and go low" scaling up slowly.
4. The total doses will be in accordance to each illness to treat, and the oxidative stress in accordance to each patient to be treated.
5. The rectal route whenever used with systemic proposals will be used with a maximal concentration of 35 micrograms/ml with a volume of 300 mL. Higher concentrations will be used only for example in bleeding ulcerative colitis up till 60 µg/NmL with a volume of 100-150. It should not be given prolonged treatments over 35 µg it is toxic for bowel mucous membrane.
6. Mayor Autohemotherapy. Ranges of safe blood collection are: 1.2 mL/Kg of the patient weigh. It is most advisable to use ACD-A 10mL x 100 mL of blood.
7. Minor Autohemotherapy (AHTminor): with this route we will look for an immunological answer. Usually it is used 5cc of ozone with 5cc of blood at concentrations between 30-50 µg/NmL Infiltrate an intramuscular injection.

8. Intravaginal insufflation: the concentrations tend to vary between 10-30  $\mu\text{g}/\text{NmL}$  with a volume of 1-2L of ozone at continuous flow. Use special vaginal device for it.
9. Intravesical: 100-200 cc volume with 10-25  $\mu\text{g}/\text{NmL}$  concentrations, previous lavage with ozonated water.
10. Bags: At the beginning start with high concentrations between 60-80 micrograms/ml. prior vacuum and lavage of the wound with ozonated water.