

OZONE TREATMENT PROTOCOL FOR RECURRENT VULVO-VAGINITIS

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Nota Bene: The protocols are working guidelines that AEPROMO puts at the disposition of all its members, expecting that they will be references in the daily medical work whenever ozone therapy is used on patients.

It shall correspond to the health professional (physician, dentist, veterinarian, podiatrist in the areas for which their profession and current legislation allows it) to whom compete, with their studies, knowledge and experience to assume professionally how to apply ozone therapy to their patients. Although these protocols are referents and guidelines for its members AEPROMO invites them to base their daily practice on these protocols.

The protocols are based on the Madrid Declaration Ozone Therapy, ISCO3, 2nd. ed., 2015, 50 pages.
<http://aepromo.org/en/madrid-declaration-on-ozone-therapy-2nd-edition/>

The content of the protocols and the items that they cover are subject of improvement based on the medical experience and scientific investigation. AEPROMO call all its members to help to improve the protocols with their contributions, suggestions, experience and knowledge.

First: wash the vagina with 100 mL of ozonated distilled water.

Second: Introduce the vaginal device previously lubricated with Vaseline.

Third: connect the vaginal device through two cannules, one to the generator and the other to a destroyer.

Programm the ozone generator flow from generator:

Flow: continuous at 200mL/min,

Time: 10 min at continuous flow

Concentration: 20-30 µg/NmL

The total volume of ozone is 2L in 10 min.

Frequency: daily. 10-15 sessions

Once the procedure is completed, embrocate the vagina with 1 mL of ozonized oil 400-600IP (Oleosan) every 12 h.

Lubricate the vagina after each procedure to avoid the dryness ozone causes. 1mL of Fluvix.

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