

OZONE TREATMENT PROTOCOL FOR SINOVIAL LIGAMENTARY INJURIES: OSTEOMYELITIS. GENERALIZED OSTEOARTHRITIS AND OSTEOPOROSIS

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Nota Bene: The protocols are working guidelines that AEPROMO puts at the disposition of all its members, expecting that they will be references in the daily medical work whenever ozone therapy is used on patients.

It shall correspond to the health professional (physician, dentist, veterinarian, podiatrist in the areas for which their profession and current legislation allows it) to whom compete, with their studies, knowledge and experience to assume professionally how to apply ozone therapy to their patients. Although these protocols are referents and guidelines for its members AEPROMO invites them to base their daily practice on these protocols.

The protocols are based on the Madrid Declaration Ozone Therapy, ISCO3, 2nd. ed., 2015, 50 pages.
<http://aepromo.org/en/madrid-declaration-on-ozone-therapy-2nd-edition/>

The content of the protocols and the items that they cover are subject of improvement based on the medical experience and scientific investigation. AEPROMO calls all its members to help to improve the protocols with their contributions, suggestions, experience and knowledge.

The following systemic techniques may be combined with local infiltrations:

In case of osteomyelitis use high concentrations in infiltration, bagging or cup administration.

Bagging or cup administration: Start from (80-60-50-30) $\mu\text{g}/\text{NmL}$ of ozone in continuous flow, during 10 min previously washed the wound with ozonated water. Apply ozonated oil (Oleosán) at 600 IP

Bone infiltration at 40-30 $\mu\text{g}/\text{NmL}$

Major Autohemotherapy (AHTMajor) blood 100ml

Week of Treatment	O3Concentration ($\mu\text{g}/\text{NmL}$)	O3 Volume (mL)	Doses (mg)
First	15	100	1.5
Second	20	100	2.0
Third	25	100	2.5
Fourth	30	100	3.0

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Complete 15 sessions.

Minor Autohemotherapy (AHTMinor) blood 5ml

Week of Treatment	O ₃ Concentration (µg/NmL)	O ₃ Volume (mL)	Doses (mg)
First	15	5	0.075
Second	20	5	0.10
Third	30	5	0.15
Fourth	35	5	0.175

Complete 15 sessions.

Rectal Route

Week of Treatment	O ₃ Concentration (µg/NmL)	O ₃ Volume (mL)	Doses (mg)
First	15	100	1.5
Second	20	120	2.4
Third	30	150	4.5
Fourth	35	150	5.2

Daily frequency, complete 20 sessions, repeat cycle each 4-6 months.

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